



Category: Set-Pieces: Kick offs Difficulty: Junior

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## **Basic Formation and Commands**

Basic Set Up

Defender "D" Closest to the Ball Calls the Set Piece -- "TANGO!" Other Defender "D"puts players in motion -- "READY"



## **Motion & Deception**

QUICKNESS is everything for this start.

F or M must have confidence that the ball will be controllably played to their feet at a set location in the wings.

D1 must not give away the direction of pass until last second. D1 may face her own goal (back to opposing team) to watch F & M's motion and keep her choice a secret until the last possible moment. (This works well too with "CHA CHA" (another Kick-Off Set Piece) that uses the same body language).



## **Supportive Ending Shape**

