

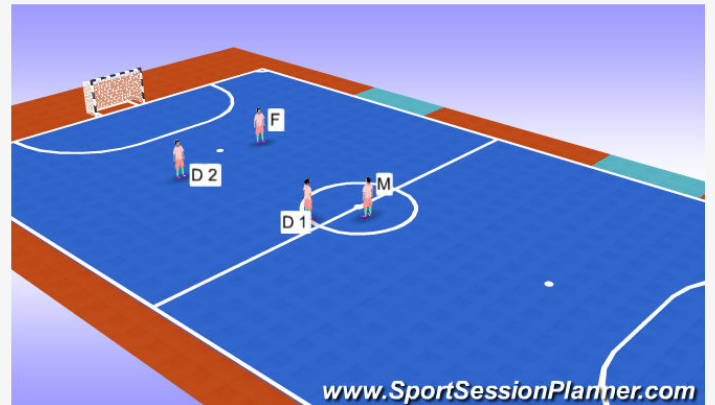


FUTSAL Kick-Off CHA CHA (Quick Strike)

Category: Set-Pieces: Kick offs
Difficulty: Junior

Ken Novak, Mitchell, United States of America
Individual-Adult Member

Basic Formation & Commands

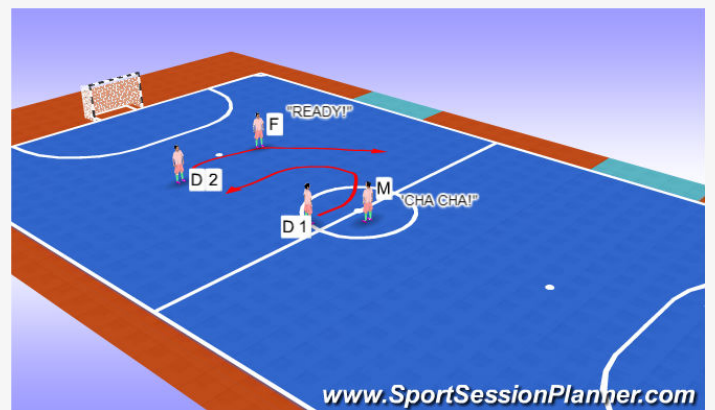


Movement & Deception

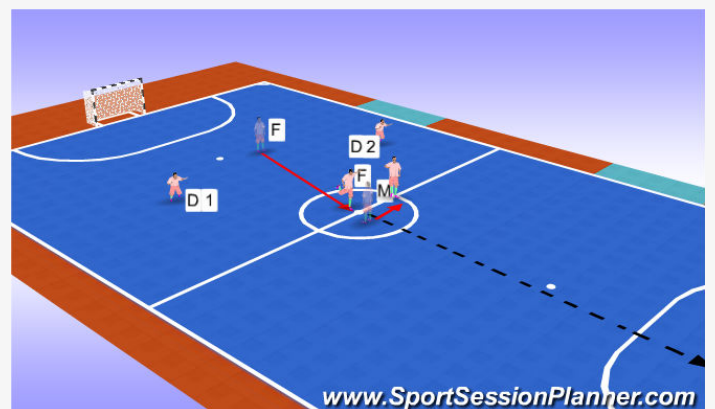
D1 and D2 make their movements.

F waits for them to just clear her path then she makes a run toward the ball.

M does not touch the ball but stands in front of the ball with her back to the opposing team.



Strike



Ending Supportive Shape

Ending shape 2-1-1 has the forward creating options by movement to the wings.

