

Basic Formation & Commands

Defenders "sandwich" ${\sf F}$ and ${\sf M}$ in a straight line going back toward their own goal.

Spread the defenders.

NOTE: D1 has a critical role to play in pieces success.

1) must read the defense's posture once motion starts

2) very good chance that D2 will be completely unmarked. If so, possible chip to D2 (OPTION#3) $\,$



Options #1 & #2 -- F or Dummy Pass to M, or M

D1 -- once pass is made, D1 must recover to defend the open lane (VERY IMPORTANT) NEAR SIDE OPTIONS D1 may give to Forward (F) checking in. If F feels like her Midfiedler (M) has a better chance, she lets the ball pass through to M (Dummy Pass). D1 may select M



Option #3 -- Backside Defender Run

D1 sees that D2 has a good chance at a backside shot on goal. D1 calls "FLY!" -- A) D2 makes offensive backside run B) Midfielder (M) holds defensive position in center,.

